



SEPTEMBER | 2017

Bangor Elementary Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Third Daily Choice Offered: Cereal & Yogurt Daily Condiments FF Ranch Catsup Mustard				1 Daily Milk Choices: Skim FF Chocolate 1% White
4 Mayo	5 Chicken Chips Grilled Cheese Salad & Fruit Bar Choice Milk	6 BJ Pizza PBJ Sandwich Salad & Fruit Bar Choice Milk	7 SUB BAR Build your own Sub Hot Dog on Bun Oven Fries Fruit & Salad Bar Choice Milk	8 Bosco Sticks Chicken Nuggets Fruit & Salad Bar Choice Milk
11 Beef & Cheese Tacos Chicken Patty on Bun Refried Beans Fruit & Salad Bar Choice Milk	12 Bacon Cheeseburger Grilled Cheese Oven Fries Baked Beans Salad Bar Cherry Crisp Choice Milk	13 Spaghetti & Meat sauce PBJ Sandwich Baked Zucchini Salad & Fruit Bar Choice Milk	14 Breakfast Bar Hot Dog on Bun Fruit & Salad Bar Choice Milk	15 Pepperoni Pizza Chicken Nuggets Oven Fries Fruit & Salad Bar Choice Milk
18 Mash Potato Bowl Chicken Patty on Bun Cheesy Broccoli, Fruit & Salad Bar Choice Milk	19 Chicken Waffles Grilled Cheese Tator Tots Fruit & Salad Bar Choice Milk	20 Bj Pizza PBJ Sandwich Fruit & Salad Bar Choice Milk	21 Lean Steak Sandwich Hot Dog on Bun Oven Fries Fruit & Salad Bar Choice Milk	22 Spicy Chicken on Bun Chicken Nuggets Fruit & Salad Bar Choice Milk
25 Nacho Supreme Chicken Patty on bun Fruit & Salad Bar Choice Milk	26 Corn Dog on Stick Grilled Cheese Oven Fries Salad Bar Apple Crisp Choice Milk	27 Oven Baked Ravioli W/ Breadstick PBJ Sandwich Salad & Fruit Bar Choice Milk	28 Chicken Bacon Ranch Wrap Hot Dog on Bun Tator Tots Fruit & Salad Bar Choice Milk	29 Sack Lunch Day Hamburger on Bun Hot Dog on Bun Baked Chips, Carrot Sticks Apple. Pudding Cup, Treat Choice Milk

News

Bangor Food Services strive to provide the very best for our students. We use 100% whole grains and

The freshest fruits and vegetables. We look for inventive ways to get your children to try new food items they may not be familiar with and keep encouraging them to eat healthy foods. We offer daily a fruit and salad bar so that your child may make the choices they like as well as maybe trying something new. Your child's nutrition is something we take very seriously and we continue to work on recipes that your children will like. If you have any questions or concerns please feel free in asking the Food Services department in either your school or you may contact me at 989-684-7510 x 2279

Shelley Blair
 Director Food Services